



CHRIST  
CHURCH  
INTOWN



# LENT 2020

## THE DAILY PRAYER PROJECT

ADVENT | CHRISTMAS | EPIPHANY | **LENT** | EASTER | PENTECOST | ORDINARY TIME

©2020 The Daily Prayer Project. All rights reserved.

This volume is intended for use of Christ Church Intown, Jacksonville, FL and may not be printed or distributed beyond this purpose.

If you would like to receive rights to print and distribute this volume, please contact us at [team@dailyprayerproject.com](mailto:team@dailyprayerproject.com) to discuss our licensing and subscription plan.

The Daily Prayer Project is produced as a ministry of Grace Mosaic in NE Washington DC. Grace Mosaic is a congregation of the Grace DC Network. For more information, please visit [www.gracemosaic.org](http://www.gracemosaic.org).

## INTRODUCTION

The Daily Prayer Project (DPP) is a daily prayerbook for the people of God that covers every season of the Christian Year with robust, rooted, and cross-cultural liturgies for prayer and scripture reading through seven editions per year. It is a model of prayer that emphasizes the communal, global, and historic practice of prayer, which fuels and forms our individual expressions of prayer in the present season of our lives.

The project is an entrance into the holy, unifying, and empowering experience of praying together in a common way throughout the Christian Year, knowing that all of us participate with the global and historic family of faith as we learn, together, to pray without ceasing.

Consider establishing rhythms of prayer in your congregation, household, workplace, small groups, or other gatherings so that you might experience the formative reality of common prayer together. If doing this liturgy individually, you are encouraged to take your time to soak it in. If doing this as a group, it may be best to alternate leading each element: one person says the psalm, the next person says the reading, the next person says a refrain, etc. Consider using different postures in prayer (like standing, kneeling, lifted or open hands, etc.) that fit your context.

## THE METHODS AND ELEMENTS

**\*Please note: The season of Lent begins on Ash Wednesday, so start using this volume on page 12.**

Each day of the books feature morning and evening prayer liturgies that are framed by common elements. Everyone's style of praying is different because every person is different. Beyond that, Christian prayer varies widely across cultures and denominations. No one method can capture that. However, we hope that you will find within the DPP a method that gives enough structure and freedom to facilitate a diverse community of prayer. Every element is offered as a suggestion of guidance, not as a binding rule.

- **THE CALL:** Every liturgy of the Daily Prayer Project begins with a call to prayer from the scriptures. This is the shape of Christian prayer: the Father, Son, and Spirit beckons us by a call, and we respond.
- **THE PSALM:** The Psalms form the core language of prayer for people of God and have done so for thousands of years. In the DPP, we are given the same daily Psalm to pray at both morning and evening, allowing for more repetition and deeper meditation in prayer. We pray through all of the Psalms more than two times per year.
- **SILENCE OR SONG:** We live in a loud world, internally and externally. Silence is a counter-cultural act of resistance. This is also a time for singing.
- **SCRIPTURE READINGS:** The scriptures give us The Story of the Father's redemption of all things in the Son by the power of the Holy Spirit. The Daily Prayer Project follows the Sunday (and certain Holy Day) readings of the Revised Common Lectionary, the largest shared Bible-reading plan in North America. For most Monday-Saturdays, it follows our own Daily Prayer Project Lectionary, which moves through scripture in a slow, three-year cycle.
- **REFRAINS, CREEDS AND SONGS:** These are expressions of faith and adoration that remind us what we believe as Christians and move us to praise God in unity with the Church global and historic.
- **CONFESSION AND ASSURANCE:** This is a time for us to examine our lives, confess our sins, and receive anew God's love for us. There are three times of confession a week: Monday, Wednesday, and Saturday.
- **PRAYERS:** There will be a variety of prayers throughout the seasons of the Project taken from traditional prayers (such as the Lord's Prayer, the Gloria Patri, the Agnus Dei, etc.) to more modern and meditative prayers from all over the globe. There is also a section called Prompted Prayers, which move us to pray for all people in all stations of life.

- **ABIDING:** This element is modeled after the ancient form of Christian prayer called *lectio divina*, Latin for “divine reading.” This is a form of prayer with four steps: read, meditate, pray, contemplate. The heart of the practice is to let the scriptures be the means through which we encounter and behold God.
- **THE BENEDICTION:** We close our day with a word of love and blessing over our lives from God himself, the Alpha and the Omega, the Beginning and the End. Our days are framed by the Call and the Benediction; God has the first and the last word over all things in our lives.

## **ABOUT THE SEASON OF LENT**

Lent is the third season of the Christian Year. It is the season of preparation for the unparalleled, joyful feast of Easter. During these forty days, we turn the eyes of our hearts towards the Suffering Servant and the journey towards his Passion and sacrificial death. We turn our very selves ever more towards the downward and upward journey of dying to sin and rising again, waking up evermore to the new life of love available for us in the Risen Christ and his Body, the Church.

The Church has long used Lent as a time to intensify the regular practices of the faith: repentance, prayer, fasting, generosity, and acts of love for others. Lent is like an “annual physical exam” for our lives in Christ, where we ask questions like: What patterns of sin have ingrained themselves into my life and how can I pray and work to change these patterns? How has my love of God and neighbor grown cold and selfish? Where have I filled my life with the things of creation in a way that does not honor my Creator and my fellow image bearers? What does the death and resurrection of Jesus mean for my life?

Take some time during this season to more deeply ingrain the core practices of the faith into the rhythms of your days: maintain morning and evening prayer; confess your sins to others; practice fasting (whole days and/or certain meals) with a joyful spirit (Matthew 6:16-18) as a way to embody the reality that we do not live by bread alone “but by every word that comes from the mouth of the LORD” (Deuteronomy 8:3); give your money away; and take the form of a servant, “washing the feet” of others like our Chief Servant and Lord (Mark 10:45).

During this season, we will be reading together mainly from the books of Deuteronomy, Lamentations, and the Gospel of Luke (in addition to our daily Psalm). There will be additional readings for Sundays and Holy Days from the Revised Common Lectionary.

## **RESOURCES AND PRACTICES**

All of the seasons of the Christian Year are accompanied by curated resources and practices that are accessible at our website: [www.dailyprayerproject.com](http://www.dailyprayerproject.com).

## SEASONAL ARTWORK

*"Golden Light in the Storm"* by Megan Jefferson.

Oil on canvas

Megan Jefferson is an Indianapolis painter and has been actively creating work ever since receiving her BFA from Miami University in 1998. She has exhibited extensively, regionally and sells her work to designers and individual patrons.

Megan's work shifts in theme depending on the series. She loves to create pieces that have a focus on color-based abstraction. This fascination and innate personal connection to color is present in both her past and present work. She describes the process of her work in this way: "I let the process define the artwork and describe my working process as a dance and conversation. I place down some color, and as certain areas and shapes evolve I will "answer" those happenings with additive or subtractive methods. This dance continues until each painting feels right. The result is thoughtful, intuitive, spontaneous and reflective." See more of Megan's work at [www.jeffersonartstudio.com](http://www.jeffersonartstudio.com).

**DPP Gallery Note:** *"A journey, a pilgrimage! Yet, as we begin it, as we make the first step into the 'bright sadness' of Lent, we see far, far away-the destination. It is the joy of Easter, it is the entrance into the glory of the Kingdom."* (Alexander Schmemmann, *The Great Lent: Journey to Pascha*).

*As we meditated on both the journey and "bright sadness" of Lent, we were immediately struck when we first saw Megan Jefferson's Golden Light In The Storm, which exhibited both the gray ashes of the beginning of the Lenten season and the long journey towards the golden glory of Easter. We were thrilled to support the work of the Harrison Center ([harrisoncenter.org](http://harrisoncenter.org)) in Indianapolis, IN by supporting the work of one of their artists.*

*If you are a visual artist interested in displaying your work through the Daily Prayer Project, please fill out the form in The Gallery section of our website or email us at [team@dailyprayerproject.com](mailto:team@dailyprayerproject.com).*

## CREDITS

All scripture readings are from the The Holy Bible, English Standard Version (ESV). Copyright ©2001 by Crossway, a publishing ministry of Good News Publishers. All rights reserved. ESV Text Edition: 2016.

We are continually inspired by and strongly recommend the book *Canyon Road: A Book of Prayer* by Kari Kristina Reeves. ©2016 Atlas Spiritual Designs. This beautiful volume can be purchased at [www.exploreatlas.org](http://www.exploreatlas.org) (citations noted with Canyon Road: A Book of Prayer).

May we all experience deep communion and transformation during this season of Lent as we learn, together, to pray without ceasing.

Alicia Akins  
Liturgist

Joel Littlepage  
Creator

Mazare Rogers  
Editor

Ashley Williams  
Designer

SUNDAY READINGS

March 1

PS: 32

OT: Gen. 2:15-17; 3:1-7

NT: Romans 5:12-19

Matthew 4:1-11

March 8

PS: 121

OT: Genesis 12:1-4a

NT: Romans 4:1-5;

13-17

John 3:1-17

March 15

PS: 95

OT: Exodus 17:1-7

NT: Romans 5:1-11

John 4:5-42

March 22

PS: 23

OT: 1 Samuel 16:1-13

NT: Ephesians 5:8-14

John 9:1-41

March 29

PS: 130

OT: Ezekiel 37:1-14

NT: Romans 8:6-11

John 11:1-45

**Palm Sunday**

April 5

PS: 118

OT: Isaiah 50:4-9a

NT: Matthew 21:1-11

Philippians 2:5-11

**+ MORNING PRAYER +**

**THE CALL**

*O Lord, open my lips  
and my mouth will declare your praise.  
(Psalm 51:15)*

**THE PSALM**

*Read the Psalm appointed for the day.*

**THE GLORIA**

Glory be to the Father, and to the Son: and to the Holy Spirit;  
As it was in the beginning, is now, and ever shall be: world without end. Amen.

**SILENCE OR SONG**

**OLD TESTAMENT READING**

*Read the Old Testament passage appointed for the day.*

**THE LORD'S DAY PRAYER**

Protect us, Jesus,  
From the world,  
The flesh,  
And the devil.  
We pray in your name,  
Amen.  
(adapted from Canyon Road: A Book of Prayer)

**ABIDING**

*Pause at the start of the Lord's Day during the season of Lent. In this season of deepened repentance and generosity, be filled with the love of the Triune God as you prepare to join your brothers and sisters in worship. Listen to the voice of God in the scriptures. Read. Meditate. Pray. Contemplate. Seek God's face.*

**PROMPTED PRAYER**

- For a wonder at the passion and cross of Christ
- For those who come into worship feeling unworthy
- For those who walk as enemies of Jesus and the Church

**THE LORD'S PRAYER**

Our Father who art in heaven,  
Hallowed be Thy name.  
Thy kingdom come, thy will be done on earth as it is in heaven.  
Give us this day our daily bread,  
and forgive us our debts, as we forgive our debtors,  
and lead us not into temptation, but deliver us from evil.  
For Thine is the kingdom, and the power, and the glory forever,  
Amen.

## **+ EVENING PRAYER +**

### **THE PSALM**

*Read again the Psalm appointed for the day.*

### **SILENCE OR SONG**

### **NEW TESTAMENT READING**

*Read the New Testament passages appointed for the day.*

### **ABIDING**

*Pause at the end of this Sabbath Day. Enjoy communion with the living God: Father, Son, and Spirit. Listen to the voice of God in the scriptures. Read. Meditate. Pray. Contemplate. Seek God's face.*

### **INTERCESSORY PRAYER**

Pray for the known needs of your church, neighborhood, city, and world.

### **PRAYER**

Almighty God, eternal Father,  
we have sat at your feet,  
learned from your word,  
and eaten from your table.  
We give you thanks and praise  
for accepting us into your family.  
Send us out with your blessing,  
to live and to witness for you in the power of your Spirit,  
through Jesus Christ, the firstborn from the dead.  
Amen.

(from the Eucharistic Rite of the Anglican Church in Kenya)

### **THE BENEDICTION**

*The LORD has taken away the judgments against you;  
he has cleared away your enemies.*

*The King of Israel, the LORD, is in your midst;  
you shall never again fear evil.*

*(Zephaniah 3:15)*

# **SUNDAY**

MONDAY READINGS

March 2

PS: 126

OT: Deuteronomy 11

NT: Luke 10:25-37

March 9

PS: 132

OT: Deuteronomy 17

NT: Luke 12:13-21

March 16

PS: 138

OT: Deuteronomy 23

NT: Luke 14:1-11

March 23

PS: 144

OT: Deuteronomy 29

NT: Luke 16:19-31

March 30

PS: 150

OT: Lamentations 1

NT: Luke 18:15-17

April 6

PS: 6

OT: Isaiah 42:1-9

NT: Luke 19:28-48

## + MORNING PRAYER +

### THE CALL

*I cry to you, O LORD,  
in the morning my prayer comes before you.  
(Psalm 88:13)*

### THE PSALM

### THE GLORIA

Glory be to the Father, and to the Son: and to the Holy Spirit;  
As it was in the beginning, is now, and ever shall be: world without end. Amen.

### SILENCE OR SONG

### NEW TESTAMENT READING

#### PRAYER

Thicken my love.  
Widen my heart.  
Sharpen my analysis.  
Enliven my praxis.  
Embolden my voice.  
Deepen my rest.  
Lighten my heaviness.  
Toughen my skin.  
Soften my spirit.  
Strengthen my friendships.  
Lengthen my endurance.  
Weaken my ego.  
Awaken my soul.  
Refreshen my vision.

Hearken to my weary voice, O God.

I am your friend & co-conspirator in the struggle for a new world.  
(Terrance Hawkins. Co-Director of The School of Love, Winston Salem, NC)

### ABIDING

*Pause at the start of a new day. Enjoy communion with the living God: Father, Son, and Spirit.  
Listen for the voice of God in the scriptures. Read. Meditate. Pray. Contemplate. Seek God's face.*

### PROMPTED PRAYER

- For a still and calm heart in the presence of your God
- For the poor and for a life of generosity
- For those who work in restaurants

### THE LORD'S PRAYER

## + EVENING PRAYER +

### THE PSALM

SILENCE OR SONG

### OLD TESTAMENT READING

### CONFESSION AND ASSURANCE

C: All have sinned and fallen short of the glory of God.

The hatred which divides nation from nation, race from race, class from class, **Father Forgive**

The covetous desires of people and nations to possess what is not their own, **Father Forgive**

The greed which exploits the work of human hands and lays waste the earth, **Father Forgive**

Our envy of the welfare and happiness of others, **Father Forgive**

Our indifference to the plight of the imprisoned, the homeless, the refugee, **Father Forgive**

The lust which dishonors the bodies of men, women and children, **Father Forgive**

The pride which leads us to trust in ourselves and not in God, **Father Forgive**

*Be kind to one another, tender hearted, forgiving one another, as God in Christ forgave you.*

*(The Coventry Litany of Reconciliation by Canon Joseph Poole. Written in 1958 in Coventry, England)*

[Let this prayer search you out. Freely confess in grace and in truth.]

A: But I am like a green olive tree in the house of God. I trust in the steadfast love of God forever and ever. I will thank you forever, because you have done it. I will wait for your name, for it is good, in the presence of the godly.

*(Psalm 52:8–9)*

### ABIDING

*Pause at the end of this day. Enjoy communion with the living God: Father, Son, and Spirit. Listen for the voice of God in the scriptures. Read. Meditate. Pray. Contemplate. Seek God's face.*

### INTERCESSORY PRAYER

Pray for the known needs of your church, neighborhood,  
city, and world.

### THE BENEDICTION

*The Son of Man came not to be served but to serve,  
and to give his life as a ransom for many.*

*(Mark 10:45)*

# MONDAY

## TUESDAY READINGS

March 3

PS: 127

OT: Deuteronomy 12

NT: Luke 10:38-11:13

March 10

PS: 133

OT: Deuteronomy 18

NT: Luke 12:22-34

March 17

PS: 139

OT: Deuteronomy 24

NT: Luke 14:12-24

March 24

PS: 145

OT: Deuteronomy 30

NT: Luke 17:1-10

March 31

PS: 1

OT: Lamentations 2

NT: Luke 18:18-30

April 7

PS: 7

OT: Isaiah 49:1-7

NT: Luke 20:1-47

## + MORNING PRAYER +

### THE CALL

*The Spirit helps us in our weakness.*

*For we do not know what to pray for as we ought,  
but the Spirit himself intercedes for us with groanings too deep for words.*

*(Romans 8:26)*

### THE PSALM

#### SILENCE OR SONG

### OLD TESTAMENT READING

#### SONG

From the love of my own comfort

From the fear of having nothing

From a life of worldly passions

**Deliver me O God**

From the need to be understood

And from a need to be accepted

From the fear of being lonely

**Deliver me O God**

From the fear of serving others

Oh, and from the fear of death or trial

And from the fear of humility

**Deliver me O God**

And I shall not want, no, I shall not want

When I taste Your goodness, I shall not want

When I taste Your goodness, I shall not want

*(I Shall Not Want by Audrey Assad & Bryan Brown,*

*© Capital Christian Music Group, Music Service, Inc.)*

### ABIDING

*Pause at the start of a new day. Enjoy communion with the living God: Father, Son, and Spirit. Listen for the voice of God in the scriptures. Read. Meditate. Pray. Contemplate. Seek God's face.*

### PROMPTED PRAYER

- For the image of Christ to be formed in you
- For those who are single mothers or fathers
- For those who are trapped in a besetting sin

### THE LORD'S PRAYER

## **+ EVENING PRAYER +**

### **THE PSALM**

*SILENCE OR SONG*

### **NEW TESTAMENT READING**

#### **PRAYER**

Open unto me — light for my darkness.  
Open unto me — courage for my fear.  
Open unto me — hope for my despair.  
Open unto me — peace for my turmoil.  
Open unto me — joy for my sorrow.  
Open unto me — strength for my weakness.  
Open unto me — wisdom for my confusion.  
Open unto me — forgiveness for my sins.  
Open unto me — love for my hates.  
Open unto me — thy Self for my self.  
Lord, Lord, **open unto me!**

(Rev. Dr. Howard Thurman, an African-American theologian who lived from 1899-1981)

#### **ABIDING**

*Pause at the end of this day. Enjoy communion with the living God: Father, Son, and Spirit. Listen for the voice of God in the scriptures. Read. Meditate. Pray. Contemplate. Seek God's face.*

#### **INTERCESSORY PRAYER**

Pray for the known needs of your church, neighborhood,  
city, and world.

#### **THE BENEDICTION**

*Jesus Christ is the same yesterday and today and forever.  
Rest tonight in the unchangeable love of our Lord Jesus.  
(based on Hebrews 13:8)*

# **TUESDAY**

WEDNESDAY  
READINGS

**Ash Wednesday**

February 26

PS: 51

OT: Joel 2:1-2; 12-17

NT: Matt. 6:1-6, 16-21

2 Cor. 5:20-6:10

March 4

PS: 128

OT: Deuteronomy 13

NT: Luke 11:14-26

March 11

PS: 134

OT: Deuteronomy 19

NT: Luke 12:35-59

March 18

PS: 140

OT: Deuteronomy 25

NT: Luke 14:25-35

March 25

PS: 146

OT: Deuteronomy 31

NT: Luke 17:11-19

April 1

PS: 2

OT: Lam. 3:1-24

NT: Luke 18:31-34

April 8

PS: 8

OT: Isaiah 50:4-9a

NT: Luke 21:1-38

**+ MORNING PRAYER +**

**THE CALL**

*So you also must consider yourselves dead to sin  
and alive to God in Christ Jesus.*

*(Romans 6:11)*

**THE PSALM**

**THE GLORIA**

Glory be to the Father, and to the Son: and to the Holy Spirit;  
As it was in the beginning, is now, and ever shall be: world without end. Amen

**SILENCE OR SONG**

**NEW TESTAMENT READING**

**CONFESSION AND ASSURANCE**

**C:** Kyrié Eleison (Lord have mercy)

Christé Eleison (Christ have mercy)

Kyrié Eleison (Lord have mercy)

*(The Kyrié)*

**A:** I have been crucified with Christ. It is no longer I who live, but Christ who lives in me.

And the life I now live in the flesh I live by faith in the Son of God, who loved me and gave himself for me.

*(Galatians 2:20)*

**ABIDING**

*Pause at the start of a new day. Enjoy communion with the living God: Father, Son, and Spirit. Listen for the voice of God in the scriptures. Read. Meditate. Pray. Contemplate. Seek God's face.*

**PROMPTED PRAYER**

- For a heart that savors and shares the gospel of Christ
- For those who grieve a death
- For those who are victims of human trafficking

**THE LORD'S PRAYER**

**WEDNESDAY**

## + EVENING PRAYER +

### THE PSALM

#### SILENCE OR SONG

#### HYMN

Manos cariñosas, manos de Jesús,  
manos que llevaron la pesada cruz.  
Manos que supieron sólo hacer el bien,  
¡Gloria a esas manos! ¡Aleluya amén!

Manos que supieron calmar el dolor,  
¡Oh manos divinas de mi Redentor!  
Que multiplicaron los peces y el pan,  
manos milagrosas que la vida dan.

Manos que sufrieron el clavo y la cruz;  
Manos redentoras de mi buen Jesús.  
De esas manos bellas yo confiado estoy,  
ellas van guiando, pues al cielo voy.

¡Oh Jesús tus manos yo las ví en visión  
y vertí mi llanto con el corazón;  
Ví sus dos heridas y la sangre ví  
que tú derramaste por salvarme a mí.

(Manos cariñosas by Alfredo Colom, a Guatemalan songwriter who lived from 1904-1971.  
©1966 New Spring Publishing, Inc.)

Bleeding hands of Jesus, crucified for me,  
On a cross so heavy, nailed upon a tree,  
Showing only goodness, to both foe and friend,  
Glory, alleluia to those hands, Amen.

Hands whose tender touch gave solace and relief,  
Holy hands of Jesus, soothing pain and grief,  
Feeding hungry people, breaking fish and bread,  
Working signs and wonders, raising from the dead.

Hands that bore the anguish of the brutal nails,  
Hands that bought redemption, love that never fails,  
Those sure hands will guide me, lest I go astray,  
Pointing me to heaven on the pilgrim way.

In a blessed vision, Lord, your hands I saw,  
As my weeping spirit filled with love and awe,  
Seeing wounds you suffered, nailed upon the tree,  
And your blood so precious, shed in saving me.

### OLD TESTAMENT READING

#### THE PRAYER OF EXAMEN

*The prayer of examen comes from the Spiritual Exercises passed down by St. Ignatius of Loyola, a Spanish Monk who lived from 1491-1556. Below is a version of the five-step Daily Examen that St. Ignatius practiced. Pray through this slowly, giving time to each step of the practice.*

1. Become aware of God's presence.
2. Review the day with gratitude.
3. Pay attention to your emotions.
4. Choose one feature of the day and pray from it.
5. Look toward tomorrow.

#### THE BENEDICTION

*Humble yourselves before the Lord, and he will exalt you.  
(James 4:10)*

THURSDAY  
READINGS

February 27  
PS: 123  
OT: Deuteronomy 8  
NT: Luke 4:1-14

March 5  
PS: 129  
OT: Deuteronomy 14  
NT: Luke 11:27-36

March 12  
PS: 135  
OT: Deuteronomy 20  
NT: Luke 13:1-9

March 19  
PS: 141  
OT: Deuteronomy 26  
NT: Luke 15:1-10

March 26  
PS: 147  
OT: Deuteronomy 32  
NT: Luke 17:20-37

April 2  
PS: 3  
OT: Lam. 3:25-66  
NT: Luke 18:35-43

**Maunder Thursday**  
April 9  
PS: 116  
OT: Exodus 12:1-14  
NT: Luke 22:1-53

## + MORNING PRAYER +

### THE CALL

*He regards the prayer of the destitute  
and does not despise their prayer.  
(Psalm 102:17)*

### THE PSALM

### THE SHEMA

Hear, O Israel: The LORD our God, the LORD is one. You shall love the LORD your God with all your heart and with all your soul and with all your might.  
(Deuteronomy 6:4-5)

### SILENCE OR SONG

### OLD TESTAMENT READING

### PRAYER

O Lord, O God, creator of our land, our earth, the trees,  
the animals and humans, all is for your honor.  
The drums beat it out, and people sing about it, and they dance with noisy joy  
that you are the Lord.  
You also have pulled the other continents out of the sea.  
What a wonderful world you have made out of wet mud,  
and what beautiful men and women!  
We thank you for all the beauty of this earth.  
The grace of your creation is like a cool day between rainy seasons.  
We drink in your creation with our eyes.  
We listen to the birds' jubilee with our ears.  
How strong and good and sure your earth smells, and everything that grows there.  
Bless us. Bless our land and people.  
(A prayer from Ashanti, Ghana.)

Adapted from *An African Prayer Book* by Desmond Tutu. ©The Crown Publishing Group.)

### ABIDING

*Pause at the start of a new day. Enjoy communion with the living God: Father, Son, and Spirit. Listen for the voice of God in the scriptures. Read. Meditate. Pray. Contemplate. Seek God's face.*

### PROMPTED PRAYER

- For a heart that is free from defensiveness and open to correction
- For the opportunity and willingness to joyfully serve another person today
- For those who are persecuted for their faith in the Lord Jesus

### THE LORD'S PRAYER

## + EVENING PRAYER +

### THE PSALM

SILENCE OR SONG

### NEW TESTAMENT READING

#### ABIDING

*Pause at the end of this day. Enjoy communion with the living God: Father, Son, and Spirit. Listen for the voice of God in the scriptures. Read. Meditate. Pray. Contemplate. Seek God's face.*

#### PRAYER

Give me yourself, O my God, give yourself to me.  
Behold I love you, and if my love is too weak a thing,  
grant me to love you more strongly.  
I cannot measure my love to know how much it falls short of being sufficient,  
but let my soul hasten to your embrace and never be turned away  
until it is hidden in the secret shelter of your presence.  
This only do I know, that it is not good for me when you are not with me,  
when you are only outside me.  
I want you in my very self.  
All the plenty in the world which is not my God is utter want.  
Amen.

(St. Augustine, a North African Bishop who lived from 354-430AD)

#### THE BENEDICTION

*I have said these things to you, that in me you may have peace.  
In the world you will have tribulation.  
But take heart; I have overcome the world.  
(John 16:33)*

# THURSDAY

## FRIDAY READINGS

February 28

PS: 124

OT: Deuteronomy 9

NT: Luke 9:51-62

March 6

PS: 130

OT: Deuteronomy 15

NT: Luke 11:37-54

March 13

PS: 136

OT: Deuteronomy 21

NT: Luke 13:10-30

March 20

PS: 142

OT: Deuteronomy 27

NT: Luke 15:11-32

March 27

PS: 148

OT: Deuteronomy 33

NT: Luke 18:1-8

April 3

PS: 4

OT: Lamentations 4

NT: Luke 19:1-10

## Good Friday

April 10

PS: 22

OT: Isaiah 52:13-53:12

NT: Luke 22:54-23:49

# + MORNING PRAYER +

## THE CALL

*Give thanks to the LORD, for he is good,  
for his steadfast love endures forever.*

*(Psalm 136:1)*

## THE PSALM

## THE GLORIA

Glory be to the Father, and to the Son: and to the Holy Spirit;  
As it was in the beginning, is now, and ever shall be: world without end. Amen

## SILENCE OR SONG

## PRAYER

Jesus, give me the petition for a humble heart.

I barely know how to ask.

Say it for me; please speak to the Father on my behalf.

You know humility pristinely.

Please give me this gift,

as I bow before you now.

*(Canyon Road: A Book of Prayer)*

## NEW TESTAMENT READING

## ABIDING

*Pause at the start of a new day. Enjoy communion with the living God: Father, Son, and Spirit. Listen for the voice of God in the scriptures. Read. Meditate. Pray. Contemplate. Seek God's face.*

## PROMPTED PRAYER

- For a compassionate and gentle spirit
- For those who suffer from mental illness, and those who care for them
- For students, teachers, and school administrators

## THE LORD'S PRAYER

# FRIDAY

## **+ EVENING PRAYER +**

### **THE PSALM**

#### *SILENCE OR SONG*

#### **SONG**

Oh the blood, redeeming blood,  
Jesus' blood shed for me  
Oh the blood, saving blood,  
cleansing blood from Calvary  
Oh Lamb of God, crucified,  
for my sins he bled and died  
And oh, how precious is the blood  
*(Precious Is the Blood by Joseph Pace II,  
©2004 Capital Christian Music Group)*

### **OLD TESTAMENT READING**

#### **PRAYER**

Teach me, my God,  
to suffer in peace the afflictions which You send me  
that my soul may emerge from the crucible like gold,  
both brighter and purer, to find You within me.  
*(St. Teresa of Ávila, a Spanish Nun who lived from 1515-1582)*

#### **ABIDING**

*Pause at the end of this day. Enjoy communion with the living God: Father, Son, and Spirit. Listen for the voice of God in the scriptures. Read. Meditate. Pray. Contemplate. Seek God's face.*

#### **INTERCESSORY PRAYER**

Pray for the known needs of your church, neighborhood,  
city, and world.

#### **THE BENEDICTION**

*Let my prayer be counted as incense before you,  
and the lifting up of my hands as the evening sacrifice!*  
*(Psalm 141:2)*

SATURDAY  
READINGS

February 29

PS: 125

OT: Deuteronomy 10

NT: Luke 10:1-24

March 7

PS: 131

OT: Deuteronomy 16

NT: Luke 12:1-12

March 14

PS: 137

OT: Deuteronomy 22

NT: Luke 13:31-35

March 21

PS: 143

OT: Deuteronomy 28

NT: Luke 16:1-18

March 28

PS: 149

OT: Deuteronomy 34

NT: Luke 18:9-14

April 4

PS: 5

OT: Lamentations 5

NT: Luke 19:11-27

**Holy Saturday**

April 11

PS: 88

OT: Job 14:1-14

NT: Luke 23:50-56

## + MORNING PRAYER +

### THE CALL

Our help is in the name of the LORD,  
*who made heaven and earth.*

(Psalm 124:8)

### THE PSALM

*SILENCE OR SONG*

### OLD TESTAMENT READING

### THE CREED

**We believe**, God, that you made the earth, the sky, the sea. Everything that is in them, it all belongs to you.

**We believe** that you became human in the womb of Mary, a village woman, a poor woman, a virgin dedicated to God. You give people new dignity and value, restoring in us the image in which we were made by God.

**We believe** you are life and light, truly God and truly human. You reveal the Father who loves and cares for us. When the powerful killed you, you remained with us, and you live now forever bearing oppression's weight.

**We believe** you are transforming this death-dealing world through the Holy Spirit, who is God's love and power. You live raised from death, and are present in the fight in which we build your kingdom of justice, peace, and love.

*(The Credo from The Mass of the Marginalized People, written in Honduras, 1980)*

### ABIDING

*Pause at the start of a new day. Enjoy communion with the living God: Father, Son, and Spirit. Listen for the voice of God in the scriptures. Read. Meditate. Pray. Contemplate. Seek God's face.*

### PROMPTED PRAYER

- For a resistance to the love of money and for generosity in all of life
- For those in prison
- For the flourishing of people in your city from the womb to the tomb

### THE LORD'S PRAYER

## + EVENING PRAYER +

### THE PSALM

SILENCE OR SONG

### CONFESSION AND ASSURANCE

**C:** Lamb of God, you take away the sins of the world, have mercy on us.

Lamb of God, you take away the sins of the world, have mercy on us.

Lamb of God, you take away the sins of the world, grant us peace.

*(The Agnus Dei)*

**A:** Christ, our Passover lamb, has been sacrificed. Let us therefore celebrate the festival, not with the old leaven, the leaven of malice and evil, but with the unleavened bread of sincerity and truth.

*(adapted from 1 Corinthians 5:7-8)*

### NEW TESTAMENT READING

#### THE PRAYER OF EXAMEN

*Pray through this slowly, giving time to each step of the practice.*

1. *Become aware of God's presence.*
2. *Review this past week with gratitude.*
3. *Pay attention to your emotions.*
4. *Choose one feature from the week and pray from it.*
5. *Look toward tomorrow and the beginning of a new week.*

#### A PRAYER FOR SABBATH

Creator God,

On the seventh day you rested and were refreshed.

Please help me now to enter into the rest of your Sabbath,

That I may cease from my work

And delight in your care over my life

Both now and forever,

Amen.

#### THE BENEDICTION

*Lord, you now have set your servants free to go in peace as you have promised, for these eyes of ours have seen the savior, whom you have prepared for all the world to see: A Light to enlighten the nations, and the glory of your people Israel. Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be forever. Amen.*

*(Nunc Dimmitis - The Song of Simeon, based on Luke 2:29-32)*

# SATURDAY

SO YOU ALSO MUST  
CONSIDER YOURSELVES  
**DEAD TO SIN**  
AND **ALIVE TO GOD**  
IN CHRIST JESUS.

(ROMANS 6:11)



THE DAILY PRAYER PROJECT  
[www.dailyprayerproject.com](http://www.dailyprayerproject.com)